



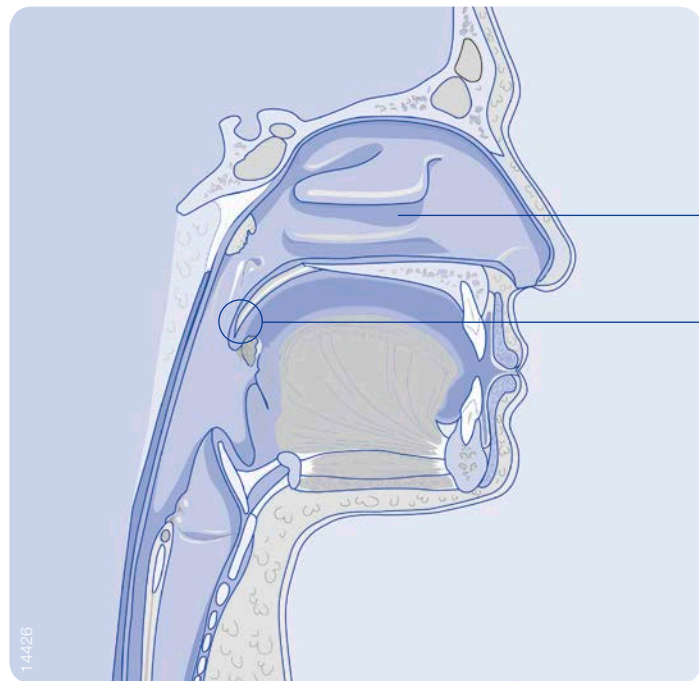
Contact your
ENT Physician
for Further
Information.

Is Your Snoring Becoming a Problem?

The gentle **CELON method** helps prevent snoring –
without a hospital stay!

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Short Procedure – Lasting Results!



Nasal Passages

Frequent swollen nasal passages cause problems making it hard to breathe.

Soft Palate

An enlarged or flimsy soft palate can cause snoring.

Do You Snore – and Does Your Partner Suffer?

Everyone snores occasionally; but, regular snoring can rob your partner of a good night's sleep – night after night! Snoring is often caused by restricted upper airways and an enlarged or slack soft palate.

The noise comes from air moving through the narrow airways and vibrating the altered soft palate. If breathing stops intermittently (obstructive sleep apnea), health problems may lie ahead for the snorer.

The Good News

Your doctor can help! Snoring can be treated quite effectively with the gentle CELON method. After a 15-minute outpatient treatment usually under local anaesthetic, you can finally sleep without snoring and wake the next day refreshed and full of energy.

How the CELON Method Works

The CELON method is used to shrink the affected areas in the nose and throat and stabilize flimsy tissue. Snoring is treated right at the source.

The CELON method is a modern, safe, and especially gentle procedure that uses radiofrequency energy to thermally atrophy

the tissue (thermoablation). It is used in many medical practices and hospitals. Your ENT physician can perform the procedure in their office in about 15 minutes using a local anaesthetic. You usually feel better in just a few weeks.



How the CELON Method Benefits You

- Protection of throat mucosa is important for the immune function
- No hospital stay – outpatient treatment, usually under a local anaesthetic
- Short procedure time – just a few minutes per treatment
- No restrictions on your normal activities in the days following the procedure
- Repeat intervention as needed

**Help
for Snorers!**

Gentle treatment
without a
hospital stay

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What the Patients Are Saying

"I Can Recommend this Method."

"I slept poorly for years, which really took its toll. I just couldn't get any air through my nose and breathed mostly through my mouth, which resulted in serious snoring. I always balked at major surgery. I researched the CELON method on the Internet. After the procedure on my nose was successful and the snoring eased, a year later I decided to go ahead with palate tightening, tonsil reduction, and uvula shortening. I can recommend this method to anyone suffering from these problems. It helped me a great deal, and now I can breathe freely again and sleep soundly."

(Dave C.*, age 38)

"All Is Quiet Again."

"The snoring got to be too much for my wife, so she often slept in another room. The procedure itself was not a problem for me; the right medications took care of the pain afterwards. My wife and I are very satisfied with the result; all is quiet again with sound sleep for two in the bedroom."

(Gerhard P.*, age 67)

*Names have been changed for privacy reasons.

Questions and Answers

Who Performs the Treatment?

The treatment is performed by established ENT physicians and clinicians who are specialized in the CELON method.

Does the CELON Method Have Any Side Effects?

For a few days after the treatment, you may feel as if there is something in your throat, and the treated areas may be slightly swollen and tender. Strong snoring can also occur in the first few days. These are normal, harmless reactions.

What Should be Avoided After the Procedure?

You should avoid strenuous activity for several days after the procedure. There are no other restrictions on your normal daily activities. Simply schedule follow-up visits with your ENT physician.

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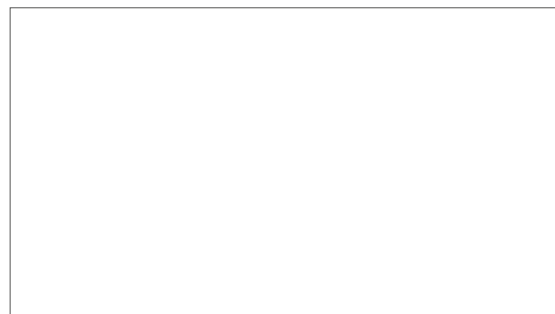
CELON and Olympus

What You Should Know

The CELON method (bipolar radiofrequency-induced thermotherapy, or RFITT) is a technology that has been developed over several years by renowned researchers at prominent institutions.

Olympus works together with university hospitals and research partners throughout the world to further optimize this innovative technology and seek new applications.

To find out if the CELON method is right for you, please consult with your ENT physician.



Physician's practice



You can also find additional information by visiting www.noseblocked.co.uk

Specifications, design, and accessories are subject to change without any notice or obligation on the part of the manufacturer.

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